

**2700 Tibbets Drive
Suite 500
Bedford, Texas 76022
Phone-817-237-9889
Fax 817-545-8417**

Mary Kathleen Norris, L. P. C

CURRICULUM/VITAE

PROFESSIONAL EXPERIENCE

DFW Center for OCD and Anxiety
Licensed Professional Counselor

1994 to Present
Bedford, Texas

Tarrant Community Outreach
Executive Director

1993
Arlington, Texas

Behavioral Health Resources
Assistant Director

1993
Arlington, Texas

Anxiety Mood and Phobia Center
Program Director

1992
Fort Worth, Texas

Phobia Center of Fort Worth
Educational Director

1990
Fort Worth, Texas

LEADING TO LICENSURE

Liberty University
Masters of Arts Counseling

1995
Lynchburgh, Virginia

Texas Christian University
Bachelor of Science in Education

1974
Fort Worth, Texas

POST-GRADUATE CERTIFICATION SPECIALTY

Behavioral Therapy Institute
McLean Psychiatric Hospital, Harvard

1998

**PROFESSIONAL
LICENSE**

Licensed Professional Counselor – Texas # 13586

SPECIALTY

Problem Focused (Cognitive Behavioral) Treatment of Anxiety Disorders-especially Obsessive Compulsive Disorders (OCD) for all ages.
Program includes invivo home visits when needed

**TEACHING
EXPERIENCE**

University of Texas at Arlington Arlington, Texas
Preceptor for students in the graduate nursing school PMHNP
(Nurse Practitioners)

University of Texas at Arlington Arlington, Texas
Adjunct Assistant Clinical Professor for individuals with doctoral preparation

Fort Worth ISD Ft. Worth, Texas
Secondary Emotionally Disturbed Students

Texas Christian University Fort Worth, Texas
Instructor-College Prep Reading

**PROFESSIONAL
ASSOCIATION
MEMBERSHIPS**

IOCDF - International Obsessive-Compulsive Foundation
TLC - Trichotillomania Learning Center
ADAA - Anxiety Disorders Association of America
OCD TEXAS – IOCDF State Chapter Affiliate
ACCA - Association of Christian Counselors
NTCA - North Texas Counseling Association

**PRESENTATIONS
AND PAPERS**

IOCDF National Conference 2015
Boston, Massachusetts
Presentations and Papers (CME)

TLC National Conference 2015
Washington, DC
Presentations and Papers

OCD Texas Annual Conference OCD Awareness Week Dallas, Texas Meeting Coordinator and Presentations	2015
IOCDF National Conference Los Angeles, California Presentations and Papers (CME)	2014
TLC National Conference Los Angeles, California Presentations and Papers (CME)	2014
IOCDF National Conference Atlanta, Georgia Presentations and Papers (CME)	2013
OCD Texas Grapevine, Texas Presentations and Meeting Coordinator	2013
Cook Children's Hospital Fort Worth, Texas Presentation- A Parenting Plan That Works For Kids and Teens (CME)	2013
TLC Workshop Dallas, Texas Presentations and Papers	2013
TLC National Conference Elizabeth, New Jersey Presentations and Papers (CME)	2013
IOCDF National Conference Chicago, Illinois Presentations and Papers (CME)	2012
OCD Texas Grapevine, Texas Presentations and Meeting Coordinator	2012
TLC National Conference Chicago, Illinois Presentations and Papers (CME)	2012

Texas Christian University Asperger's Syndrome Full Day Symposium	2011
TLC National Conference San Francisco, California Presentations and Papers (CME)	2011
John Peter Smith Hospital Psychiatric Grand Rounds OCD - Not Just a Handwashing Thing	2011
IOCDF - National Conference San Diego, California Presentations and Papers (CME)	2011
IOCDF - National Conference Washington, DC Presentations and Papers (CME)	2010
TLC National Conference Dallas, Texas Presentations and Papers (CME)	2010
John Peter Smith Hospital Psychiatric Grand Rounds OCD - Not Just Handwashing	2009
TLC National Conference Boston, Massachusetts Presentations and Papers	2009
OC Foundation National Conference Minneapolis, Minnesota Presentations and Papers	2009
TLC Fundraiser Two Speaker Presentation Dallas, Texas Emotional Regulation and BFRB'S	2009
HEB School System Assessment and Treatment of OCD in School Students	2008

OCD Foundation National Conference Boston, Massachusetts Presentations and Papers (CME)	2008
North Texas Counseling Association Assessment and Treatment of OCD in Children and Teens	2008
OC Foundation National Conference Houston, Texas Presentations and Papers (CME)	2007
OC Foundation National Conference Atlanta, Georgia Presentations and Papers (CME)	2006
Tarrant County Psychiatric Association Presentation CBT for OCD	2006
OC Foundation National Conference San Diego, California Presentations and Papers (CME)	2005
OC Foundation National Conference Chicago, Illinois Presentations and Papers (CME)	2004
OC Foundation National Conference Nashville, Tennessee Presentation and Papers (CME)	2003
NAMI Conference OCD in Children	2003
Tarrant County Psychiatric Nursing Association Worried Kids-Treatment and Recovery (CME)	2003
North Texas Counseling Association Assessment and Treatment of OCD in Children and Teens	2003
UTA Psychiatric Nurse Practitioners Compare and Contrast Treatment of Anxiety Disorders	2003

Texas Independent Schools Consortium 2003 Presentation (CME)	2003
National Pediatric Nursing Conference (CME and AMA) Presentation and Papers	2002
National Psychiatric Nursing Conference (CME) Presentation and Papers	2002
Grand Rounds-Tarrant County Pediatricians Cooks Hospital- (AMA and CME) Worried Kids-Treatment and Recovery	2002
OC Foundation National Conference Philadelphia, Pennsylvania Presentation and Papers	2002
Discovery Channel Special Extreme Conditions-Obsessive Compulsive Disorder Featuring a child treated successfully and illustrating the use of specialized CBT program	2001
National Psychiatric Nursing Conference OCD in Children – Not Just a Hand-Washing Thing	2001
Presentation-Permian Basin Providers OCD Diagnostics in Children- (CME)	2000
Presentation and Paper at OCF- (CME)	1999
Television Interview OCD in Children Positively Texas-with call in segment	1999
Presentation at ADAA National Conference Boston, MA. (CME)	1998
Presentation at ADAA Conference on OCD- (CME)	1997
OCD Panel Presentation for Primary Care Physicians Charter Grapevine Hospital-radio and television interviews Paper presentation ADAA conference and panel participation	1996
Television Interview Anxiety Disorders	1995

Panic Disorders Symposium with Earl Campbell
Tarrant County Mental Health Association
Fort Worth, Texas

1991

Answers for Anxiety Group

Facilitate **free bi-weekly** support group for various anxiety disorders for past eleven years. Listed with MHMR, Tarrant County Mental Health, NAMI, as well as National Foundations and Internet.